



Curriculum Map

Subject: CPSHE

Year Group: 10

	Autumn 1/Autumn 2	Autumn 2	Autumn 2/Spring 1	Spring 2	Summer 1	Summer 2
Content	<p>Maintaining and Monitoring Health – Following on from year 9 lesson, learning to manage common illnesses with over the counter tablets, pharmacy help and GP appointments.</p> <p>Mental Health Awareness – Developing on prior lessons, learning about particular mental illnesses.</p>	<p>Breast and Cervical Cancer – Awareness of the symptoms and treatments of these cancers. Students taught key vocabulary, where to get help and how.</p> <p>Being an entrepreneur – Learning what it takes to own and run a business. The skills and qualities needed</p> <p>Equality – The importance of equality in all aspects of life.</p>	<p>Self-Image- Developing on previous lessons. Students learn that all bodies are different. The negative impact of the media.</p> <p>The law- Learning about the importance of the law. The consequences.</p> <p>Prioritising yourself – Knowing how and when to prioritise yourself. Managing stress and workload</p>	<p>Community Contribution- The importance and meaning of community, how we can strengthen community. Volunteering.</p> <p>Drugs and addiction – Drugs and the effects of addiction on individuals, families and livelihoods.</p>	<p>Money Management – Managing finances, understanding debt.</p> <p>Public Speaking – A session on public speaking, how to present, listen and be present.</p> <p>Safety online- The dangers online including finances, explicit images and blackmail.</p>	<p>Year Reflection – – Reflecting on the academic year in a constructive year whilst setting personal and academic goals for the following year.</p> <p>Post 16 options – Options available to student's post 16.</p> <p>Current Affairs - Focusing on a select amount of current affairs, considering and voicing opinions in a respectful way.</p>
Skills	Health and Safety Responsibility Mental Health	Health and Safety Responsibility Leadership Communication	Mental Health Responsibility Safety Actions and consequences	Law Safety Volunteering Culture	Finance Confidence Leadership Life skills Safety	Goal setting Health and Wellbeing Self-esteem Planning
Key questions	How do you treat common illnesses?	What are the key signs of cancer we need to look out for?	How can the media impact on our body confidence?	Why is community important?	How can we manage our money in an effective way?	What are our achievements this year?

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Numeracy/ SMSC/ Character	Speaking & Listening	Writing Tasks Speaking & Listening	Speaking & Listening	Speaking & Listening	Writing Tasks Speaking & Listening Presenting	Speaking & Listening