



Careers Programme Sixth Form

Focus: Life Skills and UCAS

The following activities will aim to incorporate the six career development learning aims of the CDI Career Development Framework, along with the meeting the requirements of the eight Gatsby benchmarks.

Some of the learning aims have been identified in the learning aims column. However many of the activities will cover many points of each learning aim. See the framework below for further information.

An outline of the CDI framework skills by key stage can be found here:

https://www.thecdi.net/write/CDI_98-Framework-skills_by_key_stage-A3_portrait-web.pdf

Activity – Gatsby Benchmarks input	Learning Aims
<p>Unifrog careers platform – All students are given access to this platform, in which they can explore career choices, their University or Apprenticeships choices and draft their personal statements</p> <p>Life Skills Masterclasses, to include: speakers from the world of work, Apprenticeship and HE. UCAS and Wider World Issues.</p>	<p>To continue to be able to explore possibilities – being more aware of a range of possible jobs</p> <p>Manage career – managing the transition into the post-16 learning context and preparing for post 18 transitions.</p> <p>Create opportunities-being aware that building a career will require them to be imaginative and flexible</p> <p>Explore possibilities having a clear understanding of the learning pathways and qualifications that they will need to pursue their career.</p> <p>See the bigger picture –evaluating different media, information sources and viewpoints and reflecting on the best way to get information for their career.</p> <p>Grow throughout life – Planning their next steps in learning and work</p> <p>Explore possibilities – Explore a range of possibilities open to them and learn about</p>

<p>Annual Careers Fair (in school) All students have the opportunity to meet a range of different Universities, Apprenticeship providers and Employers. Parents and Carers are also invited</p> <p>Visit to the UK University & Apprenticeship Fair – All year 12 students visit an offsite university and apprenticeship fair</p> <p>One to one support with UCAS applications</p> <p>Extra-curricular careers related activities and opportunities advertised on Teams and Unifrog</p> <p>ASK Apprenticeship workshop Apprenticeship assembly - The Apprenticeship Support & Knowledge for schools and colleges programme (ASK programme) is funded by the Department for Education and aims to support schools and colleges in England to increase awareness of apprenticeships amongst students. For students interested in applying for Higher level and Degree level apprenticeships</p>	<p>recruitment processes and the culture of different work places. Manage career – Actively planning, prioritising and setting targets for their future Create opportunities – Being proactive about their life learning and career Balance life and work – Beginning to manage their own money and plan their finances (e.g. thinking about student loans) See the big picture – Evaluating different media, information sources and viewpoints and reflecting on the best way to get information for their career.</p> <p>To raise awareness of the main learning pathways, to enable students to look forward to the future. Enable students to plan their next steps in learning and work.</p> <p>Explore possibilities, have a clear understanding of the learning pathways and qualifications that they will need to pursue their career. Manage career, managing the transition into the post-16 learning context and preparing for post-18 transition.</p> <p>Managing transition into post 16 learning context and preparing for post 18 transitions</p> <p>To raise awareness of current opportunities and activities that students can engage with. Making them aware that they need to take the initiative to respond to these activities and create their own opportunities.</p> <p>To raise further awareness of Higher and Degree level Apprenticeships ,the applications process and different sectors Grow throughout life – Planning next steps in learning and work Manage career – considering the risks and rewards of different pathways and career and deciding between them</p>
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Year 12 Work shadow day -(during Summer Term)

Work Shadowing is an opportunity for students to go to work with a parent or nominated guardian for the day and get a real life insight into the world of work. The work shadow day will give students the opportunity to observe a person carrying out different operational duties and gain a better understanding of the diversity of a working environment

The aim of work shadowing for our students is to develop an insight into particular job roles or occupational areas of interest and to raise awareness of the variety of different opportunities that they can aspire to. Explore possibilities, Manage career, building confidence and optimism about their future Create opportunities and reflect on leadership. Balance life and work See the big picture

CPSHE sessions:

Motivation – Skills: Life Skills

Understanding life’s ups and downs and remaining motivated in uncertain times. **Key questions:** How do people’s motivation differ from person to person? How important is motivation at this age?

Managing Debt – Skills: Responsibility, Life Skills

Re-introducing debt, what it means and the consequences of being in debt. **Key questions:** What is debt? What can debt lead to?

Voicing my opinion – Skills: Life skills, Presentation skills, Speaking & listening

Knowing how to share and voice opinions in an effective way which is respectful to all whilst maintaining an open mind. **Key questions:** How can you voice your opinion in a calm and collected way? Why is it important to be able to voice your opinion? What are the advantages of voicing your opinion in a calm way? How can we show that we are listening and respect others’ opinions?

Ethics of Money – Skills: Money management

Looking into the ethics behind the spending of money and the effects that larger amounts can have on people. **Key questions:** How would you spend a large sum of money? How do you think people change with money?

University Life Part 1 - Skills: Life Skills, Responsibility, Health, Money

To gain a further understanding of how to choose a University, managing living with strangers. Pros and cons.

University life Part 2 – Skills: Life skills, Social interactions

Learning about what University can offer and also the issues that may be faced such as living with strangers.

<p>Money Management – Skills: Planning, Life Skills, Money management, Mental Health, The Law, Responsibility</p>	<p>Managing Money sensibly and effectively. Understanding cards, debts and disposable income as well as the importance of saving.</p>
<p>Resilience – Skills: Life skills, Mental health</p>	<p>Recognising that life is not always easy or fair, how to manage this in a positive way and build resilience and how this will help in the future.</p>
<p>Living on a Budget – Skills: Money Management, Health, Responsibility</p>	<p>Learning how to live on a budget especially when moving out for the first time. Managing money in a sensible and effective way</p>
<p>Money for the future – Skills: Money Management, Responsibility, The Law, Life skills</p>	<p>To gain a better understanding of Money in terms of NI, student loan, starting contracts, pensions</p>
<p>Year Reflection – Skills: Goal setting Health and Wellbeing , Self-esteem, Planning</p>	<p>Reflecting on the academic year in a constructive year whilst setting personal and academic goals for the following year. Key questions: What are our achievements this year? How should we set goals to ensure they are achievable? How can we improve on the year gone</p>