Careers Programme Year 10 - Focus: Choices, Options and Future Planning

The following activities will aim to incorporate the six career development learning aims of the CDI Career Development Framework, along with the meeting the requirements of the eight Gatsby benchmarks.

Some of the learning aims have been identified in the learning aims column. However many of the activities will cover many points of each learning aim. See the framework below for further information.

An outline of the CDI framework skills by key stage can be found here: https://www.thecdi.net/write/CDI_98-Framework-skills_by_key_stage-A3_portrait-web.pdf

Activity – Gatsby Benchmarks	Learning
input	Aims
Unifrog careers platform – All students are given access to this platform, in which they can explore their interests and future career options, start building a personalised career plan and develop skills and competencies for future employment	To be able to explore possibilities – being aware of a range of possible jobs Manage career –imagining a range of possibilities for themselves in their career Grow throughout life – reflecting on and recording achievements, experiences and learning Explore possibilities – researching the learning and qualification requirements for jobs and careers that they are interested in Create opportunities See the big picture
Jack Petchey public speaking workshop This training empowers teenagers from all backgrounds to become strong communicators, raising confidence, improving employability and providing opportunities to connect with one another and the world.	Grow throughout life – being willing to challenge themselves and try new things Manage career – learning from setbacks and challenges Create opportunities – developing friendships and relationships with others See the big picture

Employer assembly talk - These are career insight talks from a range of employers from different job sectors	Explore possibilities –consider what jobs and roles are interesting Create opportunities – being able to reflect on and change their career ideas and the strategies that they are pursuing to achieve them
University assembly talk – talks on different topics that could include: Why go to University, How to choose a course at University, Degree Apprenticeships or full-time University	To raise awareness of Higher Education and whether university is the right choice for them. Grow throughout life – considering what learning pathway they should pursue next Manage career –taking steps to achieve in their GCSEs and make a decision about their post-16 pathway
Apprenticeship assembly - The Apprenticeship Support & Knowledge for schools and colleges programme (ASK programme) is funded by the Department for Education and aims to support schools and colleges in England to increase awareness of apprenticeships, traineeships and T Levels amongst students.	To raise further awareness of Apprenticeships and the different levels to increase awareness of apprenticeships, traineeships and T Levels amongst students Explore possibilities – making plans and developing a pathway into their future
Further Education Assembly talk with an approved Further Education provider of Apprenticeships and Technical Education	To raise greater awareness of technical and vocational qualifications Grow throughout life – considering what learning pathway they should pursue next Explore possibilities – recognising the main learning pathways and considering which one they want to follow and how they will access and succeed in it

	To gain more of an understanding of what employability skills are and how to use them
Young enterprise, employability skills masterclass - The Employability Masterclass provides an opportunity for students to learn about the skills and qualities that are required to be successful in the workplace, and how to ensure that they present the very best version of themselves throughout the application process	Explore possibilities – researching how recruitment and selection processes work and what they need to do to succeed in them. Manage career – thinking about how they deal with and learn from challenges and setbacks Grow throughout life – reflecting on and recording achievements, experiences and learning See the big picture – exploring local and national labour market trends
Annual Careers Fair (in school) - All students have the opportunity to meet a range of different Universities, Apprenticeship providers and Employers. Parents and Carers are also invited	Grow throughout life – considering what learning pathway they should pursue next Manage career – making plans and developing a pathway into their future Create opportunities - starting to take responsibility for making things happen in their career
One to one careers guidance interviews on request with the school careers adviser	Grow throughout life – responding positively to help, support and feedback Explore possibilities – researching the learning and qualification requirements for jobs and careers that they are interested in Manage career – making plans and developing a pathway into their future Create opportunities Balance life and work – reflecting on their physical and mental wellbeing and

	considering how they can improve these See the big picture
Work Shadow Day (during Summer Term) Work Shadowing is an opportunity for students to go to work with a parent or nominated guardian for the day and get a real life insight into the world of work. The work shadow day will give students the opportunity to observe a person carrying out different operational duties and gain a better understanding of the diversity of a working environment	The aim of work shadowing for our students is to develop an insight into particular job roles or occupational areas of interest and to raise awareness of the variety of different opportunities that they can aspire to. Explore possibilities – considering what jobs and roles are interesting Manage career – building their confidence and optimism about their future Create opportunities – being able to discuss role models and reflect on leadership Balance life and work See the big picture
Subject Departmental careers in the curriculum learning Subject departments incorporate careers related learning into the curriculum in a variety of ways, including: Trips, speakers, lesson plans and extra-curricular activities	Grow throughout life – considering what learning pathway they should pursue next Explore possibilities – considering what jobs and roles are interesting Manage career – taking steps to achieve in their GCSEs and make a decision about their post-16 pathway
Form time careers related activity. Examples of activities include: National Apprenticeship week activity, Unifrog launch video, University & Apprenticeship fair preparation task, Career of the Week videos	The learning aims for form time careers related activities, will change depending on the activity. The aim is for students to develop their knowledge, understanding and skills in some of the cdi careers development learning areas.

Extra-curricular careers related activities and opportunities advertised on Teams and Unifrog	Students have the opportunity to develop their interests and explore possibilities that are open to them.
CPSHE sessions:	
Being an entrepreneur Skills: Responsibility, Leadership, Communication	Learning what it takes to own and run a business. The skills and qualities needed Key questions : What is an entrepreneur and what does it entail?
The law- Skills: Responsibility, Safety, Actions and consequences	To have greater awareness about the importance of the law. The consequences. Key questions: What age are you accountable for crimes?
Prioritising yourself – Skills: Mental Health, Responsibility	Knowing how and when to prioritise yourself. Managing stress and workload Key question : How can I manage my time well
Community Contribution- Skills: Volunteering, Culture	To understand The importance and meaning of community, how we can strengthen community. Volunteering. Key question: Why is community important? As a country are we losing sight of community?
Money Management – Skills: Finance, Life skills	To get a better understanding of Managing finances, understanding debt.

	Key questions: How can we manage our money in an effective way? How can we budget money to ensure we do not go into debt?
Public Speaking – Skills: Confidence, Leadership, Life skills	How to present, listen and be present. Key questions: How can we present in a confident way? How can we show that we are listening and engaging – why is this important?
Post 16 options – Skills: Goal setting, Planning	To be aware of the options available to students post 16 Key questions: What options are available to you post -16, which suits you best? Where do you see yourself in the future and how can we help to get you there?
Current Affairs – Skills: Self-esteem, planning	To gain focus on a select amount of current affairs, considering and voicing opinions in a respectful way. Key questions : How can we be critical about current affairs? How can we appropriately share our opinion on this?
Year Reflection – Skills: Goal setting, Health and Wellbeing	To be able to reflect on the academic year in a constructive year whilst setting personal and academic goals for the following year. Key questions: What are our achievements this year? How should we set goals to ensure they are achievable? How can we improve on the year gone?