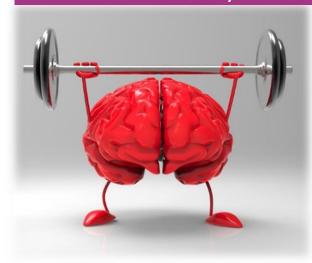


Physical Education: GCSE



Analysis and evaluation of performance in

ONE sport.

Performance in THREE sports

AQA 3 lessons per week.

This course provides students with an opportunity to study both the practical and theoretical aspects of Physical Education. Theoretical topics will help students to develop a well-rounded skill set and prepare them for progression to further studies. Students will be able to develop an understanding of effective and safe physical performance. They will be able to appreciate the necessity for sound understanding of the principles and practices that underpin improved performance as well as better health and well being.

Written document:

Assessed by teachers and moderated by AQA

10% of GCSE

Practical performance:

Assessed by teachers and moderated by AQA 30% of GCSE

Content	Assessment
Exam: 60%	
Paper 1: The human body and movement in	Written exam:
physical activity and sport	1 hour 15 minutes
Applied anatomy and physiology	
Movement analysis	30% of GCSE
Physical training	
Use of data	
Paper 2: Socio-cultural influences and well-	Written exam:
being in physical activity and sport	1 hour 15 minutes
Sports psychology	
Socio-cultural influences	30% of GCSE
Health, fitness and well-being	
Use of data	
Non-Examined Assessment: 40%	