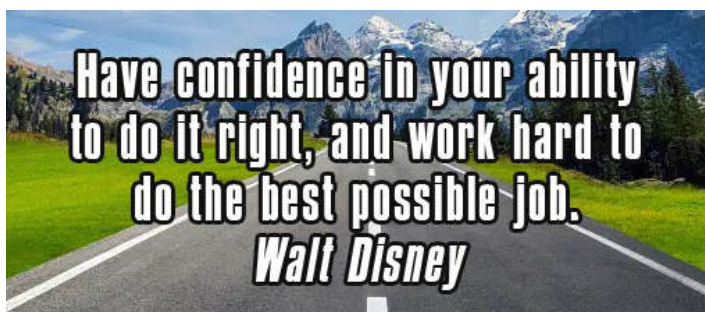




St. Anne's Catholic High School for Girls

Careers Newsletter

July 2023



Dear Parents, Carers and Students,

Welcome to the July edition of the St. Anne's Careers Newsletter. This is the last one for this academic year. I have really enjoyed putting together these newsletters, the main aim being to keep you up to date with the latest information concerning Careers Information Advice and Guidance, along with what we have been doing here at St Anne's. I welcome any feedback or suggestions of what you would like to see in future issues and fully appreciate the support that we have had from our parents, carers and our students.

Lastly, I would like to wish you all a wonderful Summer holiday and look forward to bringing you more updates in the new academic year.

All the best,

Mrs Lee

Careers Lead

Email: leej@st-annes.enfield.sch.uk

Updates and News

This has been a busy term with lots of careers related activities taking place, including:

Speakers

We have had a range of speakers in to give career insight talks to different year groups. Our speakers came from a range of different diverse backgrounds and included employers, alumni and parents. They covered different careers sectors and topics including Law, Digital Production, Podiatry, Research Scientist, Senior Scientist, Doctor of Cardiology and BioTech, Medicine, My journey to becoming an Author, Midwifery, Apprenticeships and working in Construction, Social work, Diversity and Motivation and Law. We are planning lots more talks for

next academic year and our Careers Ambassadors have been seeking student feedback on what career sectors students would like to hear about next.

Work Shadow Day

Both Year 10 and Year 12 took part in a work shadow day during June. Work Shadowing is an opportunity for students to go to work with a parent or nominated guardian for the day and get a real life insight into the world of work. Students will observe people carrying out different operational duties and gain a better understanding of the diversity of working environments. The aim is to develop insight into particular job roles or occupational areas of interest and to raise awareness of the variety of different opportunities they can aspire to.

Year 9 (new Year 10) Employability Masterclass with Young Enterprise, Wednesday 5th July

The Employability Masterclass encourages young people to become aware of the skills and personal qualities employers value and how to build these. Volunteers and young people work through practical activities to explore themes such as personal branding within an employment setting, life experiences, CVs, LinkedIn profiles, covering letters, preparing for interview and high growth career sectors.

The link below will give you further information on the overview of the masterclass and the benefits for our students.

[Employability Masterclass PDF](#)



Careers at St. Anne's

Annual Careers Fair

This takes place on Thursday 13th July at the Upper Site. We have invited a range of Universities, Colleges, Apprenticeship providers, Employers and our Head Girl Team.



Providers include:

University	Apprenticeship Provider	Further Education Provider	Other
SOAS University	Metro Bank	ADA Digital College	DWP (job centre)
University of Essex	Army	Capital City Group	St Anne's Head Girl Team
Kingston University	RAF	Big Creative Education	Parents from different careers sectors
Brunel University	NHS – North Middlesex Hospital	Capel Manor	Inspiring the future volunteers Civil Engineer
Royal Holloway University	Tfl		
Oxford Brookes University	Met Police		
University of Hertfordshire	ASK Programme		
City University			
Birkbeck University			
The London Interdisciplinary School			
Escape Studios (formally known as Pearsons Business College)			

All students in all key stages are invited to attend at given time slots.

Parents and carers are also welcome to attend.

Students have been given the following time slots:

Sixth Form – Period 5

Year 10 – from 2.40pm

All other Year groups (7, 8, 9) – from 3.10-4.30pm

This represents a great opportunity for our students to speak to a range of Universities, Colleges and Apprenticeship providers, and gain valuable insights into making their future Further and Higher Education choices.

Parents and Carers are invited to come along at the end of the school day and speak to these providers, in order to get up to date information and guidance that will help them support their daughters with their future choices.



Parent / Carer Speakers

We recently had some parent speakers in from Science and Medical professions to give career insight talks to some of our Year 10 Science students.

We were blown away with all of their knowledge, enthusiasm and encouragement that they gave to our students.

Both students and staff were so impressed with these talks, they were very informative and gave us all a great overview of all the different professions, which included:

- Research Scientist
- Cardiologist
- Consultant Podiatrist
- Senior Science
- BioTech

Students also had the opportunity to ask questions from the panel of speakers, which gave them further insight into these professions, the different career paths and the entry requirements needed.

Parent/Carer request for careers insight talks

If any other parent / carers would be willing to come into school and give a careers insight talk to our students, we would really value their input.

Our Careers Ambassadors got some student feedback on what other career insight talks they would like to hear about, the most popular ones included:

- Law
- Engineering
- Accounting
- Psychology

Any parents in the above professions, or any other profession, it would be great to have you in, and our students really do appreciate it.

Please use the following link to sign up for a careers insight talk:

<https://forms.office.com/r/CtPukhX7wX>



CEIAG / Review & Evaluation

Careers Education, Information, Advice and Guidance

The following statement will be put up around the school, to raise awareness amongst students and staff of the up to date requirements for student entitlement around careers education information advice and guidance (CEIAG).

Vision and Values

St. Anne's Catholic High School for Girls is committed to providing high quality and inclusive Careers Education, Information, Advice and Guidance (CEIAG) to all students and recognises the important role that careers education/work-related learning plays in:

- Raising aspirations and inspiring all young people to achieve their full potential;
- Empowering all young people to make well-informed decisions when planning and managing their own futures;
- Preparing all young people for the opportunities, responsibilities and experiences of life, so they make a successful transition from school to adult life;
- Equipping all young people with the skills, attitudes, knowledge and understanding to sustain employability and achieve personal and economic wellbeing throughout their working lives;
- Promoting and celebrating equality of opportunity, diversity, social mobility and challenging stereotypes.

Student Entitlement

Every student from Year 8 to 13 is entitled to high quality career education and guidance as part of their overall education, which ensures that students are provided with independent careers guidance, which enables them to:

- Find out about technical education qualifications and apprenticeships opportunities, as part of a careers programme which provides information on the full range of education and training options available at each transition point;



- Hear from a range of providers about the opportunities they offer, including technical education and apprenticeships – through pathways events, assemblies, group discussions and taster events;
- Understand how to make applications for the full range of academic and technical courses;
- Receive one to one impartial careers guidance from a level 6 qualified careers advisor.

Careers Provision Review & Evaluation

We will be reviewing and evaluating our careers provision for this academic year, this will be use to plan for next academic year.

We have now updated our careers page on the school website and have added parent and student feedback questionnaires. We welcome your feedback and suggestions and I have already received some parents feedback on the update of the school website, and will be collating this for future planning of careers provision. Please continue to fill in the questionnaires with your feedback and suggestions.

I would like to thank our great team of Careers Ambassadors who are the student voice for careers provision. They are proactive in helping to get feedback from other students on what information and activities are needed to help support careers education within school. They will be part of the reviewing and evaluation of our current provision and have made many valid points and suggestions to include for future planning for next academic year. So far this term, they have checked subject departments careers notice boards, to make sure they are up to date and have information students will find helpful, they have made posters for our annual careers fair and gained student feedback on what careers insight talks students want to hear about.

Questions and Answers

Headteacher Interview: Mrs Loveland



Q: Why did you become a headteacher?

A: Initially, I became a teacher. It felt natural - I enjoyed working with and helping young people. When I was a teacher, I wanted to have a positive impact on more students, not just those in my lessons.

Q: What was your career before coming to St. Anne's and why did you change?

A: When I first arrived in London from Ireland, following securing my degree, I worked at *Sally Clarke's*, which was a restaurant, bakery and shop. I then trained as a teacher and taught for five years in an all-boys school, Finchley Catholic High School. I wanted to do something different so moved to the city and worked as a recruitment consultant and, along with five others, set up *Blue Legal*, which still operates today. www.bluelegal.com

Q: What qualifications did you obtain to get to your current position?

A: I am Irish and our educational system is a bit different! I did the inter cert (like GCSEs) and the leaving cert (like A Levels). I then secured a degree, then Qualified Teacher Status (QTS) and, to become a headteacher, I did the National Professional Qualification for Headship (NPQH) in England.

Q: What other career choice would you have taken in the past?

A: I would have definitely worked in a job that required me to interact with people. I had wanted to open up a deli around the time I was working at *Sally Clarke's*, so I would have opened up a restaurant/deli that was welcoming and generally had a lovely

vibe with it'. Maybe I will do that once I retire from teaching!

Q: Did your personality have an influence on your job?

A: Absolutely. I have always disliked not being around people - I love interaction with others; it gives me energy and inspiration.

Q: What are some of the challenges you had to face during your career?

A: When I first worked in London the conflict in Northern Ireland resulted in bombings taking place in central London and the city of London. Regularly I, along with other commuters, would be asked to leave the Tube because of a bomb scare. I would never speak on the Tube – worried someone would recognise my accent and then think I was pro-violence – which was never the case!

Questions and Answers

Another challenge I had to face was to learn how to regulate my enthusiasm – I was a loud individual and found that I had to work hard to channel my passion and desires; to be honest I still have to do that today!

- Q: How did you overcome these challenges?
A: My Father. He is a very practical man who gives me great advice and is such a source of support. I never gave up. If something brought me down or caused me hurt or disappointment I would give myself time to be unhappy but then I would pick myself up again and continue on.
- Q: What is your favourite part of your job as Headteacher of St. Anne's?
A: The students. Seeing them recharges me throughout the day and the reason I love my job.
- Q: And what would you say is your least favourite part of the job?
A: Being limited for what I want to do for students. Not just not having the money I would like but the desire to have more space and time. Less paperwork would also be great!
- Q: What advice would you give to the students of St. Anne's?
A: Know that you know yourself, be true to yourself, never deny who you are and say yes more than no.
- Q: Finally, we know that you love quotes - what is your favourite quote?
A: "Only a life lived for others is a life worthwhile" - Albert Einstein.

Mrs. Loveland interviewed by Paula Okoaje IIT, Chelsey-Lea Keating IIT & Dune Fabo;
Hanisha Juggesur interviewed by Jelena Partosan

Student Interview: Hanisha Juggesur, Y10



- Q: What is your favourite subject?
A: I like both Maths and Physics. I intend to pursue a STEM career within those subjects.
- Q: What do you want to be in the future, and why?
A: I would like to be an aeronautical engineer, I was inspired many events in my life to pursue this career such as the first satellite picture of Mars. Brian Cox further inspired me after reading articles about his work revolving around Physics.
- Q: Are there any activities you perform outside of school?
A: I do sports such as football which I often play with my brother. Cricket, too, with my brother as well though not as often as I play football with him. My family and I play badminton and tennis together from time to time.
- Q: Activities you like doing with your friends?
A: When I'm free, my friends and I would go to cinemas or try out cafés. We usually play around during lunch times as well.
- Q: What has the school provided that you could relate to your career path?
A: 5 women from science/medical professions came in and spoke about their careers. An upcoming work experience may provide insight to what a working life would be like.

Departmental Careers Activities

English

KS3 Student Poet Laureate Competition

All students in KS3 are invited to enter – we shortlisted 5 students (Jeneba Musa, Anne Raudhay, Chinwe Odukwu, Divya Beekwoo and Ellie Nakimbugwe). St. Anne's KS3 Student Poet Laureate will take on the role of writing poems to commemorate important events and occasions throughout the school year. The 5 shortlisted girls took part in an interview process. The girls presented a piece of the written work and answered interview-style questions. This took place on Friday 23rd June in Lower Site Library.

Debate Club

In Debate Club we have taken part in a mock court proceeding. We have been discovering the differences between Magistrate and Crown Courts, exploring each different role within the courts, and considering the importance of the fact that it is the prosecution's role to prove guilt, rather than for the defense to prove innocence. We've read through each of the witness statements and allocated roles for the court proceedings, created a timeline of events, and identified flaws / weaknesses in each line of argument.

History

In June, 19 Year 7 girls attended a workshop at the London School of Economics where they worked with an academic who studies city growth and conflict in cities. The students participated in a short walk around Central London looking for evidence of conflict and inequality in cities. This was a great opportunity to show how their learning in Geography and History is researched at university level.



Fashion & Clothing



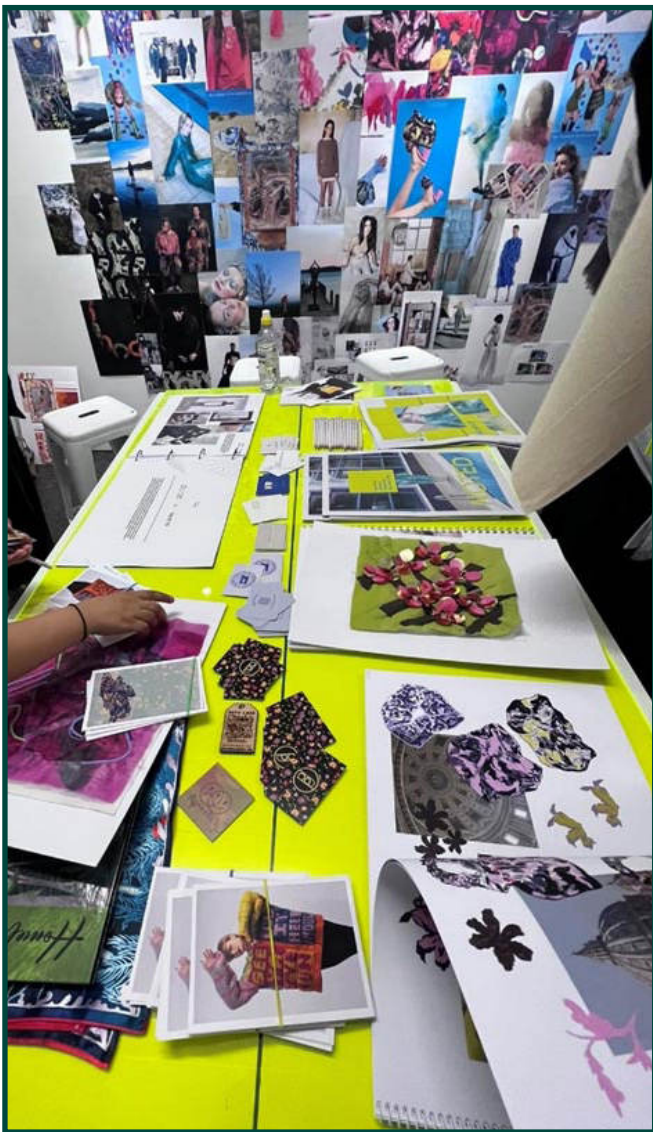
During June, Year 12 BTec Fashion & Clothing students visited Graduate Fashion Week, an exhibition that showcases each university's graduates' work for the different fashion courses they run. Portfolios and fashion shows could be seen and the students were available to talk to. The show is primarily set up as an industry link to gain employment and work experience links but is a great opportunity for Sixth Form students to see all university options in one place. Our students reflect on their day:

"I enjoyed learning about different universities. One university that stood out to me was the University of Central Lancashire – the student representing the university was kind enough to give each one of us a tote bag and a pencil, together with a lot of different cards showing the different courses the university provides."



Departmental Careers Activities

“There were lots of different universities which focused on different things within fashion, for example, fashion business, design and marketing. One university that I believed was interesting was Hertfordshire, as it offered a mixture of business within fashion and design. It allowed me to be more open minded towards different aspects of fashion including the physical aspect of making a piece. Another university which I found interesting was University of Central Lancashire. They showed us many different portfolios and it allowed me to see what they want as a university and the work I have to produce in order to build a successful portfolio.”



“Hertfordshire was one of the universities that drew my attention because they combined fashion and business, which is the course I’m currently taking and something I hope to do in the future as well.”

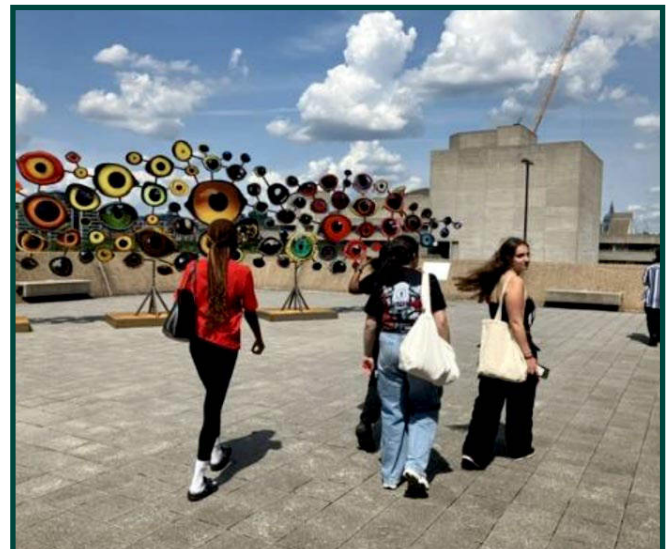
Sociology



Year 12 students visited the Joseph Rowntree Foundation (JRF) on 22nd June 2023.

It was very useful from a careers point of view as the two people presenting from the JRF explained how they got to work there based on their education and work experience. Students from St. Anne’s interested in law, advocacy, human rights and/or social issues, journalism and the way the charity sector works with the public sector as well as private organisations, were able to gain a lot of insight.

The second part of the trip focused on an exhibition called *Dear Earth* at the Hayward Gallery, part of the Southbank Centre. Students interested in art and activism, as well as finding out more about environmental issues, found this very stimulating.



Key Stage 3 Activities

The academic year for Key Stage 3 students was filled with opportunities for growth and achievement. Year 7 students seamlessly adapted to their new school environment, embracing the challenges of their academic journey while exploring a wide range of subjects. In addition to their core studies, they eagerly participated in enriching activities such as boxing, Netball Club, Tennis Club, robotics, Craft Club, Gospel Choice, chess, Maths Challenge, Eco Warriors, and First Aid. These activities allowed them to develop new skills, discover interests, and foster a sense of teamwork. Moreover, they were inspired by influential guest speaker Deputy Judge Margaret Obi, who shared valuable insights and motivated them to pursue their goals.

Year 8 students eagerly prepared for the transition to Year 9, recognising the significance of the upcoming academic year. In addition to their academic studies, they actively engaged in diverse enrichment activities that broadened their horizons. Opportunities such as Rugby Club, Knitting Club, theatre trips, and the Greenhouse tennis tournament, as well as the chance to hear from BBC Radio 1Xtra DJ Natalie D Scott, provided Year 8 students with new experiences, skills development, and the chance to nurture their passions. They wholeheartedly embraced these enrichment activities, understanding their importance in personal growth and development.

Year 9 students have put in a tremendous amount of planning and work this academic year and enjoyed insightful career opportunities through various guest speakers. The Year 9s have embraced the opportunities presented to them and embarked on choosing their pathway subjects, as they start their preparation for GCSE, displaying positive engagement. Mature and thoughtful conversations have taken place, demonstrating how articulate Year 9 are.

Furthermore, Year 9s had career guidance and Pathways sessions with our invaluable Careers adviser Mrs Lee. These sessions were held in groups and one-to-one, and gave students the opportunity to ask questions and express any concerns they had over choosing their GCSE options. The sessions also covered Unifrog, and exploring the benefits of Unifrog.

Finally, the Year 9s have begun an important phase in their educational journey transitioning to Year 10. This

marks the ending of their KS3 chapter and the start of their Key Stage 4 journey.

The exceptional accomplishments of our students were regularly recognised through the half-termly Exceptional Awards, which provided well-deserved recognition for their hard work and dedication.

As the term drew to a close, KS3 students participated in a celebration afternoon, recognising outstanding achievements and efforts across all subjects. Year 9 students were acknowledged in a special assembly that highlighted awards including Most Improved Student, Most Helpful, and the Headteacher Award. It was truly a year of growth, discovery and celebration for KS3 students as they embraced a variety of opportunities, received recognition for their achievements, and prepared themselves for the next phase of their educational journey.

Exploring the World of Law



In our endeavour to provide our students with valuable insights into various career paths, we recently had the privilege of welcoming esteemed lawyer Helen Phillips. Helen shed light on aspects of the legal profession, such as pathways into law, entry requirements, different sectors, progression routes, starting salaries, and a glimpse into a typical working day.

The students left the presentation feeling inspired and armed with a deeper understanding of the legal profession. We extend our heartfelt gratitude to Helen for her time and expertise, and we hope that this experience will serve as a stepping stone for those considering a future in law.

Key Stage 4 & 5 Activities

Key Stage 4

The Year 10 and 11 students were very busy this year with both their GCSEs and a whole bunch of activities which helped expand their knowledge of career paths and academic options. From assemblies hosted by successful guest speakers - who happened to be students of previous years - to girls hosting interviews and shows themselves! With companies like Nexus and NCS supporting our girls, they were constantly pushed to the next level.

They've been great in participating in all our career events and assemblies and I could not be prouder of the motivation they have shown. A big 'well done' to Year 11 for completing all their GCSE exams and good luck on your upcoming adventures!

Key Stage 5

Masterclass Programme

Our Masterclass Programme gives Sixth Form Students the opportunity to hear from external speakers on special issues, exciting opportunities, and possible future pathways.



It has been lovely to welcome back several St. Anne's alumnae and hear about their career pathways. Benedicte Ngoma, St. Anne's alumna, started up Excelle Network to connect St Anne's alumnae with the current students in the school. Benedicte is really passionate about the old St Anne's community enriching the new school community and providing opportunities such as Work Experience and Internships to St Anne's Sixth Form Students. These experiences are invaluable as it gives Sixth Formers the chance to experience different fields of work and develop certain skills which they can refer to in UCAS University Applications or Apprenticeship Applications.



Thank you to all of our wonderful alumnae for coming in and giving talks:

- Dayna Wilson: Psychologist
- Ella Anyanwu: Thirsty, Global PR company
- Umutoni Thuku-Benzinge: Umutoni, Jewellery that is Handmade in Kenya
- Shekyena Marcelle Brown: Barrister
- Sorcha Adamson: Arch The Agency, Talent Management Agency
- Bolu Oke: Corporate Analyst at JP Morgan Chase & Co

Key Stage 5 Activities

UCAS

The UCAS Application process for 2024 entry opened on 16th May and we were keen to get Year 12 to sign up and start the process straight away so our Masterclass session was a step by step guide on how to fill out the UCAS Application form. Year 12 students have also had a Masterclass session on 'How to write your UCAS Personal Statement' and have been working on writing their Personal Statement, this is the most crucial part of the Application Form as it is where students have to sell themselves and explain why they are a suitable candidate for that course. Students have been made aware that if they wish to receive detailed feedback on their Personal Statements they should send these in to the Sixth Form team. Ms Alexander, our Sixth Form Supervised Study Teacher is also providing one-one Personal Statement Guidance Sessions where students can contact her to book a slot!

The deadlines for Personal Statement feedback and Application Send Off are below:

	Oxbridge, medicine, dentistry, veterinary medicine	All other applications
Personal Statement 1 st Draft	3 rd July	3 rd July
Personal Statement 2 nd Draft	8 th Sept	2 nd Oct
Personal Statement 3 rd Draft	N/A	3 rd Nov
Application School Deadline	4 th Oct	24 th Nov
Application UCAS Deadline	16 th Oct, 6pm	31 st Jan, 6pm

Over the summer, Year 12 students should use Unifrog to research the courses and universities that they are interested in so that when they come back in September they are well prepared. Students have a maximum of 5 universities that they can apply to so they need to be carefully selected. We also advise students who haven't had the chance to engage in any extra-curricular opportunities, to check out the MOOC section on Unifrog where they can do an online course for free!

Apprenticeship with Google

"Don't be afraid to not do what everyone else is doing. It's okay to take your time. It's okay to take a year out. It's okay to not go to university, even if everyone else is."



I have applied to do Digital Marketing at Chichester University but was still looking at apprenticeship opportunities. I had undertaken some work experience in Digital Marketing in a company in Hemel Hempstead during the October half term which I loved and even had the opportunity to work with staff based in America.

I researched what opportunities were available, searching online with the companies I was interested in working with such as Google, BBC and Channel 4 and also checking site such as *Not Going to Uni* www.notgoingtouni.co.uk or the government *Find an Apprenticeship* site www.gov.uk/apply-apprenticeship

I was looking for Level 4 to degree level apprenticeships in Digital Marketing but there are not many out there. I then saw the Level 3 Digital Marketing apprenticeship opportunity with Google, even though I had been looking for a higher level this was a fantastic opportunity to work with a world leader. I knew the competition for the role would be high but worth a go!

I completed the initial application online and uploaded my CV. About two weeks later I received a call to say I had been selected for an initial screening telephone conversation. From this stage the whole process took

Key Stage 5 Activities

about six weeks. I was then invited to another Zoom interview, I then progressed to the assessment centre and had to undertake maths and English tests. From there I had to complete two more Zoom interviews with various staff within Google. Two weeks later, at the beginning of June, I was delighted to receive a call to advise me that I had been successful and will be starting a Digital Marketing apprenticeship in central London from the beginning of October for 15 months.

I could still go to university at the end of this apprenticeship and will be able to shorten the length of study as I will have over a year industry experience, Or I could apply for a permanent role within Google or another company – let's see what the future holds!

Ella Keady, Year 13



Did you know that landing one of the most desirable tech jobs at Google is twenty-six times more difficult than getting admitted into the prestigious Harvard University? In fact, Google's acceptance rate is 0.2% compared with 5.2% for Harvard.

Google shapes the way that we consume information every single day.

They power a host of products, from maps to emails to autonomous cars. Key to their apprenticeship programme, Google apprentices get exposure to different areas and teams at Google while gaining a qualification and improving their professional skills.

Google's apprenticeship scheme offers a foot in the door to one of the most innovative tech companies on the market.

When do they open?

In the UK, Google apprenticeship applications open in October of each year for an intake in the following year.

That means that applications for this year's October intake will start their apprenticeships with Google in 2024.

The duration of apprenticeships ranges from 15-25 months, and are available across a number of apprenticeship frameworks.

Previous intakes have included apprenticeships for Digital Marketing, Infrastructure technicians, and software developers.

Google actively celebrates difference, with apprentices becoming part of their mission to build great products for every user.

Advice and Guidance for Parents and Students

Choosing GCSE Options

www.youthemployment.org.uk/choosing-gcse-options-advice-for-parents

How to help your child choose a career

www.youthemployment.org.uk/how-to-help-your-child-choose-a-career-careers-advice-for-parents

A Parents/Carers Guide to Apprenticeships

www.youthemployment.org.uk/a-parent-carers-guide-to-apprenticeships

What Key Employability Skills should my child be developing?

www.youthemployment.org.uk/what-key-employability-skills-should-my-child-be-developing-and-how-advice-for-parents-carers

Skills and careers resources for young people

www.youthemployment.org.uk/skills-careers-resources-for-young-people-includes-downloadable-workbooks

Student advice and guides

www.youthemployment.org.uk/careers-advice-help/choices/student-advice



“Believe in yourself, work hard,
work smart and passionately,
present your best self to the world.”

Hill Harper



Come along to St. Anne's

Careers and Apprenticeships fair

13th July - Upper site
Sixth Form - from period 5
Year 10 - from 2:40pm
All other year groups are welcome to attend after school until 4:30pm!

Attending Universities:

- University of Essex
- Middlesex University
- Kingston University
- Brunel University
- Royal Holloway University
- Oxford Brookes University
- University of Hertfordshire
- Goldsmiths University
- The London Institute of Banking & Finance
- The London Interdisciplinary school
- City University

- Royal Air Force (RAF)
- North Middlesex Hospital (NHS)
- TFL
- Metro Bank
- Army
- ASK programme

Apprenticeship Providers

Further Education Providers

- ADA Digital College
- Big Creative Education
- Capel Manor
- Capital City Group

